



Sunday, August 29, 8am
 Long Island, New York 1/2 mile Lake Swim 11
 mile Mountain Bike, 3 mile Trail Run Rain or
 Shine!!!



*Field is limited to 300 athletes *This is a USAT Sanctioned Event – each athlete must have an annual license or purchase a \$10 one day license *Location is Schiff Scout Boy Scout Camp in Wading River, New York *From the Long Island Expressway, take exit 69 North, go over Rt. 25, the camp is 1 mile down on right. *Individual Awards – Top 3 overall Male and Female AND Top 3 in 5 year age groups (14 & younger, to 70+)

- No Double Dipping! *Relay Awards – Top 3 overall Male/Female/Mixed combined age group 0-130 and 131 and over *Packet pick-up and course preview on Saturday, August 28 from 12-4pm and Race Morning from 6-7:30 *Transition Area opens up at 6am and there will be a pre-race briefing at 7:55 *Delicious Post-Race BBQ, Great raffles, and the infamous Bike Toss – bring your family to cheer you on

and join the fun!! *Swim is two 1/4 mile loops in a fresh water lake – wetsuits are permitted unless temp is over 78 degrees *Fast, fun, mostly hard-packed singletrack 2 loop bike course *Rolling hills take you on a scenic run around the lake to finish off the day

*Chip Timing with 5 Splits

Pre-Registration:	\$75 – Individual	\$125 – Relay	(2 or 3 persons)
After 8/10:	\$80– Individual	\$135 – Relay	
Race-Day:	\$90 – Individual	\$150 - Relay	

Make Checks Payable to DIRTYEVENTS and mail to: 11 Sansun Lane, St. James, NY 11780 Please include a self-addressed stamped envelope

Or sign up on-line at Active.com:



Name _____ Gender _____ XTERRA/USAT Age (as of 12/31/10) _____ (Relay Athletes must each complete and sign their own forms)

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____ Date of Birth _____

Individual _____ Relay Male _____ Relay Female _____ Relay Mixed _____ Relay Ages: Swimmer _____ Biker _____ Runner _____

USAT Number _____ Team Name _____ T-Shirt Size: M _____ LG _____ XL _____ (MUST bring card to packet pick-up) XTERRA ID Number: _____ (sign up for one at www.XTERRAPlanet.com) Challenged Athlete Division? _____ Yes _____ No

Athena _____ Clydesdale _____

In consideration of your accepting this entry, the undersigned intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Dirty Events, Schiff Scout reservation, all sponsors, the people of New York, their offices, agents, and employees, for all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant permission to any of the foregoing to use any photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose whatever.

Signature: _____ Date: _____ (or guardian if under 18)

For more Information go to www.DIRTYEVENTS.com

